

Our vision is to enrich our school community by connecting through inclusive programs and authentic dialogue. We will accomplish this by fostering friendly and welcoming engagement, collaborative and responsible partnerships, and transparency in our communications.

SHS PTO GENERAL MEETING
January 12, 2018
Minutes

8:28 Call to Order/Welcome Co-President Susan Sidebottom (Co-President Anjali McCormick had unexpected work commitment). Attendees: 43 with 10+ on phone line

Icebreaker: Resolution/something new to try this year. Share with someone sitting near you.

8:33 PTO Announcements

- **Dueling Pianos 1.20.18.** Parent Social. Only Fundraiser of year. Please attend! What will the evening be like? What can we expect? Grand Summit: High tables around room, open bar, great food, casual dress. Dueling Pianos: request or overrule specific songs with small cash donations
- **PTO Membership.** 200 families less than LY. LCJSMS and Boosters also down. Please join. Envelopes available. Check to see if check lost in backpacks!
- A Few Words from our Co-Presidents....see letter [here](#)

8:38 SHS Principal Stacy Grimaldi: Introduction of Presentations about SHS programs and resources.

Links to complete Program of Studies and Electives below

[Program of Studies](#)

[List of Electives](#)

Tom O'Dowd - Science

- Recently added AP Psychology course has been very successful. Next year a regular Psychology class available as single semester elective, non AP criteria for application (*if Board approved*)
- Exercise Science Class. Physiology of muscles used in sports exercise, anatomy and physiology combined, does not overlap with Anatomy & Physiology class, requires biology
- Offering a new Forensic Science class.
- Advanced topics in Chemistry are available
- In Physics a new Astronomy class: history of universe. Not a super tough class, accessible to all. Dovetails with Projects in Engineering. Class (seniors only) taught by Mr. Morman

Mike Sandor - Health/Physical Education. *Handouts attached*

- Driver simulator: arcade type game for Drivers Ed. Safety Society running a competition this month, Safety Driving Rodeo, using the simulator
- Goal positive experience in Phys Ed: physical, social, emotional growth, positive self esteem
- Partnership with William Patterson University for best practices in Phys Ed.
- Mandatory program for Freshman to learn what's available in Phys Ed curriculum. Examples of program for grades 10-12: group fitness programs, Zumba, cardio kick boxing, spin. Students create own fitness program along with instruction/support from teachers.
- Volleyball Tourney very popular. Student leaders chosen as captains to observe and then draft players, create team names. Sportsmanship awards, tee shirts...
- Physical activity critical during school day

Ana Ventoso - World Language

- New courses and new experiences. Applying Language through current content: languages taught through culture and authentic current events. Some Examples:
 - Spanish 6 thru Cinema in lieu of AP Spanish. Creates a four year sequence of HS language
 - Similar for French. Now French 3 and Honors available
 - Mandarin 5 Honors now available. Newest language offering. Increase in vocabulary allowing for more sophisticated study.
 - Latin not a dead language. 27 students in AP Latin. Cultural experience and high content as in other languages.
- **Seal of Bi-literacy** <http://sealofbiliteracy.org/new-jersey>

The State Seal of Bi-literacy recognizes high school graduates who have attained a high level of proficiency in speaking, reading, and writing in one or more foreign languages in addition to English, awarded by the BOE to graduating high school seniors who meet the criteria established by the State Board of Education. Established in 2016

Summit awarded Seal to 85 students LY. State requires notation on HS transcripts (available for Juniors in future). Proficiency test for all students. Requirements: a minimum of three years in a HS World Language class

Jim Woods - Social Studies

- Two of the newest courses:
 - Holocaust and Genocide Studies. History and current relevance. Lauren Wells teacher.
 - AP Macro Economics (2nd year). Fall class with Spring AP test. Students seem to like this
- Shout out: Financial Literacy and Econ Class. Fulfills requirements for Financial Literacy and is much stronger experience than on line experience
- SHS reviews/updates course content. Ex. World History new India and Asia material
- Overall Social Studies curriculum promoting critical thinking as opposed to memorization

Corey Walsh - English

- No state required electives in English but SHS has specific goals for its electives:
 - Writing focus for media and communications
 - Writing focus to find more audience for writing (peers, contests, journalism)
 - Ex. Journalism: 4 sequential classes. Focus on print process. Journalism 1 elective. Journalism 2-4 full year separate level classes: execution of Verve, writing and production technique, press law, journalism ethics ...
- Poetry elective. Quintessence. Open mic events very popular
- Creative Writing 1 and 2 (limited Poetry). Stories, scripts evolving to longer and more complex
- Film Studies. Look at different scripts and writing techniques. Grades 10-12.
- Digital Literacy and Media class. Project based class. Study media messaging
- Speech and Debate. Primer on Public speaking. Forensic style debate
- Humanities (elective Gr 11 and 12). Architecture, dance, performance: ancient art and history linked with present

Tom Maliszewski - Fine, Practical and Performing Arts

All classes are electives. "Music grades own papers through performance"

- Gallery of student art in SHS public spaces
- Overlook Hospital District Art Perspective annually
- Technical Ed and Family Consumer Science Class was Home Economics. New: advanced baking and international cuisine.
- Fashion and interior design: dedicated classroom and new classes added
- New teacher for Graphic Design classes.
- National level program for Media Arts: computer arts, media, sound studio. Computer Graphics 1-4 levels. State will provide guidance on media arts program development
- Photo classes remain popular
- Three AP level Studio Art classes available. Require portfolios.
- TV production studio. 2 courses available. Produce real TV programs, camera work, writing and editing: live broadcast sport events and BOE meetings

Don Tobey - Mathematics

- Algebra 1 Block class supports Gr 8 strong math students and allows for more HS Math advancement. Period 1 and 2 Math classes. (Varies with block schedule). Algebra 1 completed by end of one year versus usual two years. Must pass Algebra 1 PARC Exam to advance. May add semester class for students who need to retake PARC Algebra Exam.
- Computer Programming Classes
- AP Computer Principles Course (after Computer Science A) expands computer offerings.
- Exploring a 4th elective for computer students

GUIDANCE Support. Amy Herber

Guidance supports students far beyond college application process. Wide variety of programs apart from drug and alcohol abuse issues. Most students have a difficult time in some way.

- Family assistance: anxiety, supporting outside counseling efforts
- Guidance organizes a variety of groups, including: grief, new students, lunch community
- Anxiety and Stress real issue. Support for students by providing Guidance space for students to destress: head space meditation, essential oils, diffusers.
- Mental Health Awareness club: mindfulness therapist, rock painting (40 students attended, hiking.
- Health classes address issues in conjunction with Phys Ed teachers:
 - suicide prevention program, happiness
 - Consent 101 health lesson in grades 9 and 12: healthy relationships grade 9 followed by consent issues grade 12
 - Date rape for grades 11-12
 - Fire safety talk as college fires are a reality (Seton Hall fire)
- Teachers request AH to speak about issues hearing about. Recently: driving while high.
- Challenge Day next year: support each other's differences
- Pilot: peer leaders during study hall for life in High School issues and discussion

Media Specialists/ Librarians - Judy Shue/Rebecca Zarabi School. *Handouts attached*

Appreciate PTO \$ support for library

- Library open all day for students. Librarians want to help our students
- Citations and Noodle Tools on line. (See handout)
- Passwords hidden on web page for ease of use
- SHS databases: vetted and checked
- Primary and secondary source explanation. Easy to find
- Flipster app. Magazines on line. Articles can be printed out on home computer

Loren MacTaggart - Virtual High School VHS

<https://sites.google.com/summit.k12.nj.us/technology/virtual-high-school>

- On line classes 50 seats per semester. SEF fully funds program
- VHS offerings are not in regular Program of Studies: ex. Stock market, pre-veterinary, short story writing, ghouls
- Application and teacher recommendation required
- Not currently offered over summer. Funding issue
- Weekly requirements but no specific times. 8-10 hours per week suggested. Time sensitive material. Grades and transcripts. Grades included in GPA.
- Future considerations to make VHS part of student academic schedule
- Full year and one semester classes offered
- No current cost to students
- 5 credits allowed per year per student (equals one per year).
- Applications for 2018 were due before Xmas. Parents/administration: discussion of balance with students, review current grades

Questions Answered by Principal Grimaldi

- How are Elective class offerings communicated? Counsellors go into all classes and talk about elective classes. Class meeting at end of January to talk about next year
- AP and Honors apps must be filled out by Students not parents. Deadline 1.31.18
- Request for school travel opportunities other than Spain and France. Last year Chile and Peru added. This year: Nashville, Spain, France. Parents asked about China for future. Lengthy organization process as BOE approval required 6 months in advance
- Pacing of content and assessments for AP courses? College Board has suggested time line for teachers as well as on line support groups with other teachers
- How to fit electives in schedule? More flex in Grades 10-11 for students. Consider elective classes rather than study hall
- Why so many tests/quizzes this week? Answer. Have to fit tests in. Must do assessments. Parents asked for no Tues/Wed tests before exams which results in tests the week before. Exacerbated by snow days. SG understands it's stressful. Speak to teachers if needed.
- Addition of non-AP level classes for French seniors? Not now but maybe in future.
- Computer Graphics? Practical vs Fine Arts designation based on teacher certification. SHS now has a Fine Arts teacher. Current students not penalized by change
- PowerSchool adding Progress towards Graduation
- AP exam fees will be paid in early 2018.

9:58 Adjourn

4 pages of HANDOUTS from Mr. Sandor

Traditional PE

Course Description:

This course offers students a basic introduction and understanding of a variety of sports and physical activities. Emphasis will be placed on basic skills, general rules, common language, health-related concepts, safety procedures, sport and activity etiquette, and sportsmanship. Individual, dual, and team units will be offered, aiming to enhance and increase students' physical education literacy.

Course Outcomes/Objectives:

- Apply concepts of each physical activity in non-competitive and competitive gameplay
- Utilize specific motor skills, patterns, and physical techniques to effectively engage in gameplay and fitness activities.
- Demonstrate knowledge of general safety
- Demonstrate proper body control, spatial awareness and competency in activity-specific movement skills
- Demonstrate the ability to assess one's own fitness level
- Ability to set personal goals as they pertain to the Specific Measurable Achievable Relevant Time Based (SMART) goal setting concepts
- Obtain general healthy knowledge and methods for maintaining a healthful level of fitness
- Discuss the benefits of a physically active lifestyle
- Identify general safety and proper hygiene practices as they pertain to fitness and resistance training

Enrollment:

Freshman
Sophomore

Units:

Each unit will last three weeks, with a total of three units per marking period.

Length: Full Year

The following can be selected and implemented in this course:

Invasion	Net Games	Striking/Fielding	Individual
Football	Volleyball	Softball/Kickball	Yoga, Step, or Zumba
Team Handball	Badminton		Backyard Games
Rugby	Tennis		
Ultimate Frisbee			
Floor Hockey			
Basketball			
Soccer			

*Instructor must select: (4) Invasion games, (2) Net, (2) Individual, (1) Striking unit

Strength & Conditioning

Summit High School

Course Description:

This course is designed to offer students with a basic and advanced understanding of strength and conditioning. Emphasis will be placed on developing one's own personal fitness and health. Further emphasis will be placed on developing a familiarity of requisite techniques, knowledge of individual programming, weight room etiquette, and personal hygiene practices. Students will benefit from a progressive and comprehensive weight training routine. Students will be empowered to make wise health choices, meet personal challenges, and develop a positive association toward fitness, wellness, and movement patterns necessary for healthful living.

Course Outcomes/Objectives:

Uses movement concepts and principles (e.g., force motion, rotation) to analyze and improve performance of self and/or others in a selected skill.

Discusses the benefits of a physical active lifestyle.

Demonstrate appropriate techniques on resistance-training machines, free weights, and various other resistant training methods.

Identifies primary and secondary skeletal muscle groups effected for specific resistance-training exercises.

Recalls training principles and methods affecting the development of fitness.

Describes physiological effects on the body as a result from aerobic and anaerobic movement.

Identifying key vocabulary and resistance training terminology

Defines types of strength exercises (isometric, concentric, eccentric) and stretching exercises (static, proprioceptive neuromuscular facilitation (PNF), dynamic) for personal fitness development

Designs and implements a strength and conditioning program that develops balance in opposing muscle groups (agonist/antagonist) and supports a healthy, active lifestyle.

Creates a plan, and trains several times a week in a self-selected lifetime activity, or fitness activity outside the school day.

Describe spotting techniques in a variety of resistance training exercises and necessary aspects of a quality spotter.

Identify key weight room etiquette, and do's and don'ts in the weight room.

Enrollment:

Sophomores

Juniors

Seniors

Length/Duration of Units: 1 Marking Period

Group Fitness

Summit High School

Course Description:

Students will learn a variety of cardiovascular and strengthening fitness activities in a group setting, set to music to engage interest. These courses are designed to motivate student fitness and weight management by offering a group work out environment. Knowledge of lifetime wellness and fitness will be covered throughout each course. Activities may include; Body Pump, Pilates, Yoga, Step Aerobics, Zumba, A.B.S. (Abdominal Back Strengthening), Cardio kick boxing, Core Resistance Training, Body Sculpt, TRX Training, Spin and Aqua Tone (where applicable).

Course Outcomes/Objectives:**Enrollment:**

Sophomores

Juniors

Seniors

Units:

Zumba
Yoga
Step Aerobics
Body Pump
Pilates
Cardio Kickboxing
Core-Resistance
Sculpt
Abs & Back Strengthen
TRX Bands
Spin

*A total of 15 lessons will be offered when possible.

Length/Duration of Units:

This course is offered for one marking period.

Advanced Physical Education

Summit High School

Description:

This course offers students with an advanced sport experience in dual, team, and individual sports aiming to increase students' awareness and literacy of sport. Emphasis will be placed on acquiring specialized sport skills, tactics, and appropriate decision-making during modified gameplay. Further, students will gain historical, societal, and cultural understandings and experience in various different roles found in sport (i.e., player, coach, fitness instructor, referee, sports photographer, statistician).

Course Outcomes/Objectives:

- Utilize and develop correct techniques of most sport skills and effectively apply in competitive gameplay.
- Knowledge on the key features of the game or activity (e.g., rules, techniques, tactics, team strategies, history, traditions, etiquette).
- Accumulate high physical activity in and out of class.
- Demonstrate beginning knowledge and performance in other team and specialized sport-related roles (officiating, scorekeeping, team managing, coach, fitness coach).
- Understanding and demonstrating behavior that is consistent with good sportsmanship.
- Demonstrate knowledge of general safety.
- Self-efficacy and enjoyment to engage in a specific activity.

Enrollment:

- Juniors
- Seniors

Units:

Individual, dual, and team sport units. Lasting three weeks each.

Length/Duration of Units:

One marking period

The following can be selected and implemented in this course:

Invasion	Net/Wall Games	Striking/Fielding	Individual
Football	Volleyball	Softball/Kickball	Backyard Games
Speedball	Badminton	Cricket	Golf
Rugby	Pickleball		
Ultimate Frisbee			
Floor Hockey			
Basketball			
Lacrosse			
Soccer			

*Cannot select more than 2 units from one category in a marking period.

Summit High School Library



ABOUT US

Mrs. Judy Shue and Mrs. Rebecca Zarabi are the library media specialists at SHS. The library is open every day before and after school. Our hours and contact information are listed on the homepage.



WEBSITE

Our website is:

<http://shslibrarynj.weebly.com>

Our website is filled with useful information and resources. We suggest bookmarking this site for easy access.



LIBGUIDES

Many of the assigned research projects in the High School have LibGuides associated with them. LibGuides is a web service that creates a webpage/research guide with individualized resources. The LibGuides are available on our homepage.



DATABASES

We subscribe to multiple databases that will be helpful for research and other projects. To access these databases from home, visit the library website and click on "databases".

Passwords are hidden on the website.



FLIPSTER

Flipster gives students access to dozens of full text magazines. Please visit our website to access the magazines. Passwords are the same as the databases.

Database Subscriptions

- African American History
- AHFS Consumer Medication Information
- American History
- American Indian History
- Ancient and Medieval History
- Biography Center
- Bloom's Literature
- Contemporary Authors
- Custom Newspapers
- Daily Life Through History
- EBSCO (Click here for access to ALL databases)
- Encyclopedia Britannica Online School Edition
- Facts on File (Click here for access to ALL databases)
- Ferguson's Career Center
- Flipster (Magazines)
- Funk and Wagnalls Encyclopedia
- GALEnet (Click here for ALL databases)
- GreenFile (Environment)
- Health Reference Center
- Health Source
- History Reference Center
- JSTOR
- Latino American Experience
- Literature Criticism Online
- Literary Reference Center (LRC)
- Literature Resource Center
- Literary Sources
- Modern World History
- Newsbank: Access World News (Global Perspectives)
- Newsbank: Find a Topic
- Newsbank: Historical Newspapers
- Newspaper Source
- Opposing Viewpoints
- Points of View
- Pop Culture Universe
- ProQuest Historical Newspapers (1850-2002)
- Salem Press History Databases/ Primary Sources
- Science Online
- Science Reference Center
- Twayne Author Series
- World at War
- World Geography and Cultures
- World Political Yearbook

Magazines available through Flipster:

- Time
- Cicada
- Vogue
- Scientific American
- Seventeen
- Science News
- Rolling Stone
- Poets and Writers
- Popular Science
- BBC Focus
- Archaeology
- World Soccer
- The Progressive
- The American Poetry Review
- Real Simple
- The New Yorker
- National Review
- Sports Illustrated
- Techlife News
- Newsweek Global
- Discover
- Baseball Digest
- The Atlantic
- Popular Woodworking
- America in WWII
- Education Digest